

OCTOBER

2018

I'm OCTOR ROCK

GOOD EATS AT

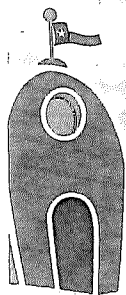
SHARK CAFE'

Ms Mary
Ms Linda
Ms Theresa

SPECIAL ANNOUNCEMENTS

A Variety Of Cereal served at Breakfast Daily

NATIONAL SCHOOL LUNCH WEEK
OCTOBER 15-19
www.fnslds.org/nslw



M	T	W	TH	F
Poptarts Pizza Salad Corn Milk Fruit 1	Banana Bread Chicken Tenders Mashed Potatos Broccoli Milk Fruit Rolls 2	Kolachi Mini Burgers French Fries Carrots Milk Fruit 3	Pancake on a Stick Chicken Fajita Salad Peppers Refried Beans Milk Fruit 4	Cresents Fish Sticks Mac & Cheese Green Beans Cucumbers Milk Fruit 5
Poptarts Chicken Gggles Smille Potatos Cauliflower Milk Fruit 8	French toast Staek Fingers Mashed Potatos Spinach Milk Fruit Biscults 9	Scrambled eggs Toast Chlcken & Dumplings Green Peas Carrots Milk Fruit 10	Cinná Mini Burritos Pinto Beans Salad Milk Fruit 11	Honey Buns CheeseBurger Lettuce/Tomato Sweet Potato Fries Milk Fruit 12
School Holiday !!!! 15	Poptarts Chicken Nuggets Mashed Potatos Carrot Sticks Milk Fruit Rolls 16	Kolachi Hot Links French Fries Baked Beans Cucumbers Milk Fruit 17	Pancake on a stick Taco Boats Refried Beans Shredded Lettuce/Diced Tomatos Milk Fruit 18	Cresents Pizza Romain/Tomato Corn Milk Fruit 19
Poptarts Hot Dogs Chille Sweet Potato Tots Fresh Vegetables Milk Fruit 22	French Toast Grill Cheese Soup Carrot Sticks Milk Fruit 23	Scrambled egg toast BBQ Beef Baked Potato Spinach Milk Fruit 24	Ginna Mini Chlcken Quesadilla Black Beans Corn on the Cob Spanish Rice Milk Fruit 25	Honey Buns Hamburgers HB Salad French Fries Milk Fruit 26
Poptarts Corndogs Carrots Broccoli/Tomatos Milk Fruit 29	Bahana Bread Chicken Nuggets Mashed Potatos Brussel Sprouts Milk Fruit Biscults 30	Kolachi Pulled Pork Burgers Sweet Potato Tots Baked Beans Milk Fruit 31		

NATIONAL FARM TO SCHOOL MONTH



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER



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